



# UP VOICE

The Official Newsletter of the University of Puthisastra (UP)



## UP CELEBRATES ANNUAL PARTY 2023

The University of Puthisastra was very proud to celebrate its 2022 with an end-of-year party that provides the ideal setting for a get-together and a chance for UP staff to express their gratitude and deep appreciation to the staff members who had worked extremely hard throughout 2022 to build a bright future for UP, our students, and Cambodia. UP achieved incredible success and its all due to our staff! UPs success is our staff success.

It was a memorable evening, the ceremony began with a brief overview of 2022 by Prof. Ian Findlay, President of UP, who highlighted the many, many achievements UP has made throughout the year. Knowing that our university has grown significantly, and contributed so much to Cambodia, over the past year made us all very proud.

As we gathered together to enjoy good food, music and dancing, it was easy to get caught up in the excitement of being surrounded by so many people who care about each other as much as they do about our university.

Next came Staff Awards which honored overall high achievers of the year.



### WHAT'S UP ON CAMPUS

• 1 JANUARY 2023 | INTERNATIONAL NEW YEAR DAY

It was very difficult to choose because our staff are fantastic but our Award winners were:

- 1. Overall Employee of the Year: Penh Soknan, Registrar Office
- 2. Academic Employee of the Year: Be Sokkeang, Health Sciences
- 3. Academic Encouragement: Phally Sreyla, Foundation Year Department
- 4. Support Employee of the Year: Yun Yeatra, IT Department
- 5. Support Encouragement: Hem Chetra, Marketing Department
- 6. Special President's Award: Dr Thao Titya
- 7. Special President's Award: Voeun Thearet

With thanks from all of us at UP for all your hard work this year!

The end of the year party was really special this year, with the UP family coming together to celebrate all that we've accomplished this year. It was amazing to see all the talented people in our team and celebrate what makes us so unique. The night was even better when we did a lucky draw! We're so proud of all the great things we did this year, and our end of year party was just another reminder of how wonderful it is to work here. Everyone had a blast singing and dancing the night away, which just goes to show how much fun it is to work at UP too!

## ON 8TH DECEMBER 2022, THE FACULTY OF NURSING AND MIDWIFERY JOINED UP'S END OF YEAR CELEBRATION WITH EVERYONE ELSE FROM THE UP FAMILY



It was a fun evening one that we will never forget. Nursing and Midwifery members joined a combined table with colleagues from across the university, and felt so happy to join with our brothers and sisters from every department, enjoying delicious food, drinks and even dancing. And we're delighted to announce that some of our colleagues received awards for outstanding performance for 2022!

It was a truly fun evening, and one that confirmed all of our successes this year. We would like to thank all the leaders who worked hard to make UP the great university it is today. We will continue to work together for the future of Cambodian children and the Cambodian health sector.

## UP'S HEALTH SCIENCES AND BIOTECHNOLOGY WON 4 AWARDS IN THE UP'S ANNUAL PARTY 2022

Congratulations to the four members of the Faculty of Health Science and Biotechnology who won Awards at the Annual Party 2022 of the University of Puthisastra on Thursday, December 08, 2022. The four awards are:

- 1. Mr. BE Sokkeang won the Academic Employee of the Year 2022.
- 2. Mr. TOEM Lanira won the Health Science Employee of the Year 2022 Support Nomination.
- 3. Mr. HEM Chanvatanak received the Long Service Award of 5 Years.
- 4. Mr. YEM Vuthy received the Long Service Award of 5 Years.

Faculty of Health Sciences and Biotechnology from Strength to Strength!



# NEE/PRE-UNIVERSITY PREPARATORY COURSE IS NOW OPEN FOR REGISTRATION!

Start date: 02 January 2023  
Hours/week: 12 hours per week  
Study shift: Morning time or Afternoon time

Registration Link:  
[https://docs.google.com/forms/d/e/1FAIpQLSfmdhPr82z5gTmuPAPESuEj58eqruncU5y\\_L9eh6Na7vPezg/viewform?fbclid=IwAR2VEKKrcReRMuWC0tvXN8hz0BFnkGttQwJzM9n-fBu3v-6ldhCP0kr9A3c](https://docs.google.com/forms/d/e/1FAIpQLSfmdhPr82z5gTmuPAPESuEj58eqruncU5y_L9eh6Na7vPezg/viewform?fbclid=IwAR2VEKKrcReRMuWC0tvXN8hz0BFnkGttQwJzM9n-fBu3v-6ldhCP0kr9A3c)

For more updates, you can join the official Telegram Channel for NEE Preparation Course via:  
<https://t.me/nee-preparation-cours> Our team will respond promptly to provide further information.

**ថ្នាក់ពិសេសត្រៀម  
ប្រឡងថ្នាក់ជាតិ!**

**ជំនាញវិស័យសុខាភិបាល**  
**NEE / PRE-UNIVERSITY  
INTENSIVE PREPARATORY COURSE**

**ចុះឈ្មោះចូលរៀនឥឡូវនេះ!!!**

មុខវិជ្ជាសិក្សា : គណិតវិទ្យា | គីមីវិទ្យា | ជីវវិទ្យា

# STUDY BACHELOR OF SCIENCE IN INFORMATION TECHNOLOGY AT THE UNIVERSITY OF PUTHISASTRA WITH 65% SCHOLARSHIPS AVAILABLE!

The Bachelor of Science in Information Technology combines technical skills with real-world business insights to increase your employability in the ever-changing digital world.

At UP, you are not only learning about technology, but through business and entrepreneurship, you also learn to harness and use these technologies, to create a fun, sustainable and rewarding future.

This is an opportunity for you to get the education you need for a rewarding career in the IT field. The University of Puthisastra has a strong reputation throughout regions, and our graduates do very well after graduation.

Our year 3 students in Bachelor of Science in Information Technology at the University of Puthisastra got 99% employment rate with our core partners and other companies!

The program is comprised of four years of study with an emphasis on practical experience as well as theory. You can expect a lot of hands-on learning through projects related to your field of interest. Come join us!



## TECHNOLOGY SKILL FOCUS!

Dedicated to the skills and careers required to create and empower 21st Century Leaders

### FACULTY OF BUSINESS, ENTREPRENEURSHIP AND TECHNOLOGY



Our industry core partners:



**UP & IELTS  
COOPERATE ON  
BENCHMARKING OF  
UP ENGLISH DEGREE**

 សាកលវិទ្យាល័យ ពុទ្ធិសាស្ត្រ  
UNIVERSITY OF PUTHISAstra

**WELCOME TO  
UNIVERSITY OF  
PUTHISAstra**

**FACULTY OF  
ENGLISH & EMPLOYABILITY**

The UP English Degree is benchmarked by:

 **IELTS**

The University of Puthisastra & IELTS are pleased to announce a strengthening of their long-term cooperation with IELTS benchmarking of the UP English Degree.

Set to launch in Semester 1, 2023, the UP English Degree is a 4-year degree program providing students with the necessary English language skills for sustainable employability and high-level career prospects. 50% Scholarship available for this program!

UP is a valued member of the global IELTS Alliance Program after signing an MoU with IELTS in January 2021.

The UP English Degree will be benchmarked at the exit point by IELTS. This means students graduating from the UP English Degree will have an IELTS overall score of 6.5 with no individual band score less than 6. This score of 6.5 with no band score less than 6 is generally required to apply for the majority of Bachelor and Master's degree programs at international universities in Australia, New Zealand, USA, UK and Ireland.

6.5 with no band score less than 6 is also the score required to be awarded any of the prestigious Australia Award, New Zealand, Chevening or Japan Development scholarships.

You can check what scores you need for the study, employment and migration dreams you have using the IELTS Recognising Organisations portal at <https://ielts.idp.com/cambodia/about/who-accepts-ielts/organisations-that-accept-ielts>

In some ASEAN countries such as the Philippines, the majority of IELTS test takers need a score to be able to work overseas in the nursing, elderly care and medical sectors in countries such as Australia, the UK, Canada and the United States.

Therefore, UP English Degree graduates will be uniquely positioned to study, work or migrate at institutions, employers or locations of their choosing.

UP & IELTS have launched a new promotional campaign around the UP campus to encourage those studying English and dreaming of a further international study or careers to prepare for and sit an IELTS test.

IELTS is the world's most popular high stakes English language test with over 4 million tests taken in the last year and over 11,000 institutions worldwide – including universities, schools, employers, immigration authorities and professional bodies, including medical and nursing associations globally – recognise IELTS as an international benchmark of English language capacity.

# IN DECEMBER 2022, UNIVERSITY OF PUTHISAstra HAS SIGNED MOU WITH THREE DIFFERENT PROJECTS FROM NATIONAL UNIVERSITY OF SINGAPORE



Due to the pandemic, numerous mission trips and community engagement projects had to be put on hold. However, now that the situation has much improved, University of Puthisastra is starting to resume its normal collaboration. Therefore, in order to further global collaboration, joint projects, and exchange activities, the University of Puthisastra and three different projects from the National University of Singapore decided to sign the renewal of their Memorandum of Understanding as follows:

1. Project Lokun, signed on December 5, 2022, is a student-initiated Overseas Community Involvement Project (OCIP) that was first founded in December 2007. It is a biannual medical mission trip that serves 4 villages - Toul Makak, Takeo Village, Buon Village and Prey Omal - in Pursat, Cambodia. It has always been Project Lokun's vision to establish ties with a Cambodian Medical University to achieve sustainability. Project Lokun traditionally organises 2 medical mission trips a year, usually in May and December.

2. Project Sothea, signed on December 5, 2022 is a student-initiated and student-led project conducted by first and second year medical students from the NUS Yong Loo Lin School of Medicine. Since 2010, medical professionals from across multiple disciplines and various organisations have joined the project for the annual trips to Battambang. Project Sothea has been operating in Dangkut Thnong and Anlong Svay since 2010, but will be shifting the focus to two new villages, Srae Ou and Rong 1. The project conducts health screenings annually to help villagers who present with acute or chronic diseases. Project Sothea recognises the importance of preventive healthcare and thus focuses on health education by working with local schools and Village Health Support Groups (VHSG). These topics range from handwashing, healthy diet to dengue prevention and exercising.

3. Project Sa'Bai, signed on December 8, 2022 is a student-initiated Overseas Community Involvement Project (OCIP) that was first founded in December 2006. It is an annual medical mission trip that serves 3 schools (as of December 2022): Don Bosco Phum Chreh School, Don Bosco Teuk Thla School and Don Bosco Vocational Training Center for Girls in Toul Kork, and 3 areas: Phum Ches Village, Teuk Thla Commune and Wat Champa in Chbar Ampov District. Sa'Bai organises 1 medical mission trip per year, in May. During the ceremony, Professor Ian Findlay advised volunteer students to remember that this initiative is crucial in connecting students across borders, so they should all seize the chance to appreciate and enjoy exchanging and learning from each other's cultures and experiences. The international friendship has to continue even after the project is over. Professor Ian also shared some prerequisites that the students should be aware of before beginning the upcoming projects.

## UP BECOMES OFFICIAL PARTNER WITH CAM-DEBATE!

The Cambodia International Debate & Public Speaking Championship Series (CamDEBATE) open its applications for the 2023 competition from now until 14 January 2023.

Join the Info Session to find out more about the competition:

- Rules & Eligibility
- Registration process
- Extra training for contestants & Prizes

To register, go to: <https://camdebate.org/infosession>  
Or scan QR Code on the poster

Join the CamDEBATE Telegram Group:  
<https://t.me/camdebate>  
For more info: [www.camdebate.org](http://www.camdebate.org)

\*Winners will be awarded: A two-week study tour to the United Kingdom and more!



ពានរង្វាន់ជើងឯកស្តីបតិ និង  
វេហ្វារកែលល្អជាតិស្តីបតិ  
CAMBODIA INTERNATIONAL DEBATE  
& PUBLIC SPEAKING CHAMPIONSHIP

### CALL FOR APPLICATIONS

WINNERS WILL BE AWARDED A 2-WEEK STUDY TOUR TO THE UNITED KINGDOM




For more information: [www.camdebate.org](http://www.camdebate.org)

Hosted by:  INTERNATIONAL EDUCATION SPECIALISTS

Supported by:  

# THE 4TH PHARMACEUTICAL RESEARCH CONFERENCE, THE BIGGEST PHARMACEUTICAL CONFERENCE IN CAMBODIA. 4TH PHARMACEUTICAL RESEARCH CONFERENCE



The Faculty of Pharmacy of University of Puthisastra, organized by the 4th Pharmaceutical Research Conference, would take place over two days from December 10 to 11, 2022, Hall B of the University of Puthisastra.

The conference was chaired by HE Ban Botta, President of Pharmacist Council of Cambodia and Under-Secretary of State of the Ministry of Health, Prof. Ian Findlay, President and Vice Chancellor of the University of Puthisastra, and Dr. Chea Sin, Dean of the Faculty of Pharmacy, University of Puthisastra.

The conference brings together over 150 pharmacists from various fields to share and learn from each other. Speakers were invited from the Ministry of Health, the private sector, community pharmacies, pharmaceutical distributors, pharmaceutical industry, educational institutions, hospital pharmacies, consumer protection institutions, non-governmental institutions, legal institutions and biomedical institutions.

This program is organized for the following purposes:

1. Encourage researchers, pharmacists, and students to share their findings in the conference.
2. Share knowledge, experience, best practices, research projects, creative ideas and the success of profession.
3. Get the latest information on research capabilities in Cambodia needed for pharmacists.
4. Share recommendations, opinions and updates to improve pharmacy profession in Cambodia, both regionally and globally.
5. Prepare students to acquire the skills needed and respond to current and future market needs.
6. Build good relationships among pharmacy family in Cambodia.

The 4th Pharmaceutical Research Conference program presents and shares knowledge related to research in the field of pharmacy as follows:

1. Pharmacy education
2. Pharmaceutical chemistry and pharmacology
3. Pharmaceutical technology
4. Clinical pharmacy
5. Medical biology
6. Pharmacognosy
7. Public health



11 national and international guest speakers participated in the conference, including from Thailand, Bangladesh, and Japan. In addition, there were 13 oral presentations, and 25 poster presentations.

We can see the best pharmacy conference ever with the most oral presentation and poster presentations.

The 4th Pharmaceutical Research Conference (the 4th PRC) was the first International Conference on Pharmaceutical Research in Cambodia. It was held between December 10-11, 2022 by the Faculty of Pharmacy in the form of a hybrid conference. In Total, around two hundred people participated in this conference. Among those participants, fifteen pharmacy staff helped in organizing the conference, seventy-five students did poster presentations, four students did oral presentations, forty-two students participated as volunteers, and ninety pharmacy students participated as participants.

During the conference, researchers, pharmacists, academicians, and pharmacy students from Thailand, Japan, Bangladesh, and Cambodia shared their research findings, and discussed ways forward to improve pharmaceutical research quality and encouraged researchers and students to conduct more research.

The 4th PRC 2022 provided participants a great opportunity to meet up with both national and international researchers who are working in different areas of pharmacy and establish a scientific network.

The 4th Pharmaceutical Research Conference was seen as the biggest research conference in the pharmacy field. The evaluation committee, sub-organizing committee had selected 7 best poster presentations and 4 best oral presentations. The Best Poster and Oral Presentation goes to :

### Best Poster Presentation

1. Hypertension Risk Among Middle-Aged and Older Adults in Treang District, Takeo Province, Cambodia by Mr. Sor Darayuth
2. PROTEIN CONTENT AND ANTIOXIDANT PROPERTIES OF TUBTIM CHUMPAE RICE BRAN HYDROLYSATE by Ms. SRUN Marnick.
3. Prevalence of Physical Activity among villagers in Treang district, Takeo province, Cambodia by Mr. EANG PHANITH
4. Quantitative and Qualitative of Paracetamol Tablets Sold in Drug Stores, Phnom Penh, Cambodia by Thin Layer Chromatography (TLC) and UV-Visible Spectrophotometer by Ms. Duong Chanlakhena, Ms. Pon Sonita, and Mr. Sethy Sopheaktra
5. A PILOT STUDY OF SLEEPING BEHAVIOR AND SLEEP DISORDER AMONG ADULTS IN PHNOM PENH by Ms. Kai Pechpisey, and Ms. Kim Mouy
6. Caffeine From Various Tea Leaves And Their Analysis with HPLC by Mr. Poul Phillip.
7. Opinion of pharmacists on model media used to promote the intention of consuming high calcium diets for drugstore visitors: a case study of Khon Kaen University drugstore.



### Best Oral Presentation

- 1.1. Knowledge of Light Run Exercisers about Resistant Starch and their Interest in Resistant Starch Food Product” by Mrs. Piyamaporn Uttaranakorn
- 2.2. “Attitudes of Drugstore Customers Towards Sugar Substitute Sweeteners” by Mrs. Chernporn Navanukraw
- 3.3. Identification of Rutin Compound in HPLC Analysis of Four Selected Aromatic Plants” by Ms. Pen Keopanha
- 4.4. Perceptions of Pharmacy Professional Identity Among Pharmacy Students and Related Factors: A Systematic Review” by Ms. Eng Poliny



# NINE MD ALUMNI PASSED THE NATIONAL ENTRANCE EXAM AND GOT GOVERNMENT OFFICIAL POSTS IN PUBLIC HOSPITALS

The Faculty of Medicine congratulates the 9 MD alumni from Batch 2 who passed the National Entrance Exam and became Government officers:

1. Dr. BUNNA Sothearith (Kandal Province)
2. Dr. CHUNG Mengheang (Kampong Cham Province)
3. Dr. ENG Hongsaknita (Tbong Khmom Province)
4. Dr. KHOUN Dara (Kandal Province)
5. Dr. LAK Samnang (Siem Reap Province)
6. Dr. NAY Touch (Center for Disease Control and Prevention, Cambodia)
7. Dr. PIN Punleak (Kandal Province)
8. Dr. SOT Sotheary (Preyveng Province)
9. Dr. TOP Songmeng (Battambang Province)

The doctors will be assigned to the public hospitals and centers in the provinces they applied for. On behalf of UP, we wish them success in their work and in improving the health of Cambodian people!



## LABORATORY SCIENCES' ALUMNI PARTICIPATED IN FELLOWSHIP EXCHANGE PROGRAM IN USA



Ms. Nop Daliya, a UP alumna from the Laboratory Sciences Department Batch 4, Faculty of Health Sciences and Biotechnology, University of Puthisastra, was awarded a fellowship to participate in the 3rd Young Southeast Asian Leaders Initiative Professional Fellowship Program to North Carolina, United States of America.

The duration of this exchange program was for 2 months from September to October 2022. She joined educational and professional activities such as visiting Greensboro's water and sewer plant, and the Insect Clinic at Raleigh to meet with professors and to learn about agricultural worker help.

# UP'S HEALTH SCIENCES AND BIOTECHNOLOGY VISIT SUNRISE JAPAN HOSPITAL PHNOM PENH

On Wednesday, December 07, 2022, students of the Faculty of Health Sciences and Biotechnology, University of Puthisastra had a study tour to Sunrise Japan Hospital Phnom Penh. The purpose of the study tour was to strengthen the students' capacity and to improve their knowledge about the hospital facilities. Students have enjoyed the tour and are looking forward to joining other activities like Clerkship-Internship at Sunrise Japan Hospital Phnom Penh. The Faculty of Health Sciences and Biotechnology would like to thank Sunrise Japan Hospital Phnom Penh for having our students and spending their valuable time giving presentations followed by visiting all facilities of the hospital.



# THE DEPUTY DEAN FOR CLINICAL AFFAIRS OF THE FACULTY OF MEDICINE TOOK PART IN THE PROVISION OF ADVANCED PEDIATRIC LIFE SUPPORT TRAINING AT ANGKOR HOSPITAL FOR CHILDREN

The Deputy Dean for Clinical Affairs of the Faculty of Medicine, Dr. Prom Vireak, was part of a team of 11 instructors who provided a 3-day training on Advanced Pediatric Life Support (APLS) to medical doctors and health professionals from Cambodian public and private clinics/hospitals at Angkor Hospital for Children in Siem Reap Province.

24 medical doctors/health professional from 9 provinces took part in the training. The instructors were qualified APLS trainers whose training was provided in the past by an Australian Team.

The 3-day training included presentations, skills practice, case scenarios and workshops. The skills practice allowed the trainees to practice in thoracentesis, chest drain, neurological assessment, airway and breathing management. Case scenarios included Advanced Cardiac Arrest Management, Trauma Scenario and Seriously ill scenario. The workshops ranged from interpretation of radiology images to blood gas, septic child and fluid disturbances.

Every participant had a chance to practice all the simulation. At the end of the training the trainees passed exams (simulation skills and MCQs).



## MEMBERS OF THE MEDICAL STUDENTS' SIMULATION CLUB PROVIDE TRAINING

In the recent visit to the Headquarters and the Factory of Arun Cambodia's Natural Water, six medical student club members, along with Faculty of Medicine staff, provided training on basic life support, including cardiopulmonary resuscitation and choking management, to 25 company staff.

9 of the students were also involved in the prehospital training for MD year 4 and 5 students at UP campus. They were placed in different skill stations (Basic Life Support, Wound Suture Skill, Workshop on Chest X-ray reading, basic physical examination skill). The trainer students were enthusiastic to provide the training to their colleagues.



## MEDICAL STUDENTS JOINED THE STEP SUNBURST YOUTH CAMP IN SINGAPORE

80 students from 9 Asian countries (Cambodia, Singapore, Brunei, Indonesia, Lao PDR, Malaysia, Philippines, Vietnam, Thailand) met in Singapore for the STEP Sunburst Youth Camp (SYC) 2022, supported by Temasek Foundation and Nanyang Academy of Fine Arts of Singapore (NAFA). The UP medical students representing Cambodia, led by Mr. CHY Vannet, were Mr. CHUM Vannkheang, Mr. YOUN Chhaimean, Ms. NEANG Aliza and Ms. HAN Sela. They had been selected by the President of the St John Phnom Penh Organization, of which they are members.

The goals of the activities included:

1. To build bridges amongst Singaporean and Asian youths, and to share Asia diversity through cultural experiences in performing, visual and literary arts.
2. To discover self-learning through collaborative experiences as ambassadors.

The UP MD students shared the culture of Cambodia with young people from other countries and learned the culture of others. The students built friendship across the countries and learnt about teamwork and leadership. The experience was fruitful and enjoyable.



## STAFF FROM THE FACULTY OF MEDICINE VISITED JEREMIAH'S HOPE CENTER IN PHNOM PENH

Dr. Prom Vireak, Deputy Dean for Clinical Affairs, and Mr. Voch Samran, Medicine Rotation Officer, visited Jeremiah's Hope Center on 12th December 2022 and discussed with the Country Director, Dr. Sim Sokchan, the possibility to have clerkship and internship students rotating through the Center. Jeremiah's Hope Center is specialized in Neurosurgery and Orthopedics; facilities include two operating theatres and an intensive care unit. The Faculty of Medicine looks forward to a fruitful collaboration!



## FACULTY OF PHARMACY LED 6 KKU DELEGATES TO DO TOUR AROUND PHNOM PENH

On December 11, 2022, six Thai delegates who are associate professors and master alumni from three universities including Khon Kaen University, Chiang Mai University, and Srinakharinwirot University, checked in Central Market, Wat Phnom Daun Penh, Royal Palace, and Independence Monument.

This tour allowed Thai delegates to taste Cambodian local foods, buy souvenirs, get a better understanding of Cambodian lifestyles, and visit some landmarks in Phnom Penh. While showing Thai delegates about Cambodia culture, pharmacy staff have also learned about Thai culture. More importantly, this tour has strengthened the bond between University of Puthisastra and the three universities in Thailand.



## UP RESEARCH COMMITTEE PRESENTS CERTIFICATES TO VOLUNTEERS

On Wednesday, Dec 14, 2022, UP's Assoc Prof. Tineke Water presented the certificates to students in appreciation of their volunteerism in UP's First Research Conference "Improving Cambodian Health and Wellbeing - way forward" which was held on 13th to 14th October 2022 at University of Puthisastra.

On the behalf of UPRC, Prof. Tineka Water, would like to thank Asia Pacific Dental Student Association (APDSA) Cambodia for providing scientific research members to support in the research conference. The volunteers named Mak Sangdor, Phann Narin, Chhom Sousdey, Seng Kimchea, Chea Phaldalynin, Mao Vannak, Chhom Nita, Mong Lyly, Sreng Youheng, Hak Chinglong, Kuoch Tayngoun and Rem Kaing. They not only get the experience, at the same time they gain more knowledge from listening to doctors and professors on variety of topics.

