



# UP VOICE

The Official Newsletter of the University of Puthisastra (UP)



The University of Puthisastra now has a football club! The up-and-coming team meets every Thursday evening, at the LBN Sports Club ( just over the Japanese Friendship Bridge ), between 6:30pm and 8:30pm. Come and join us! Attendance from students who have helped to form the club has so far been very impressive, with at least 20 players attending every week. The atmosphere is great too; led by English Lecturer Dave Spencer, who is an English F.A. qualified Coach, the players are learning new techniques, strategies and other methods to improve their footballing skills. It's proving to be plenty of fun as well, as can be seen from the photos. When the players are ready our football club will play games ( and hopefully beat against other clubs in the Phnom Penh area!

For more information, please visit Dave Spencer or fellow English Lecturer Daniel Gillard, who are located in the English office in the A Block.

## THE BIG TIME



### UP INVESTS FUNDS INTO MEDICAL EQUIPMENT FOR 2019

The University of Puthisastra has promised to improve our Medical equipment and we are delighted to say that the first equipment is already starting to arrive. Equipment already delivered includes Air Compressor for simulation LAB, Document Camera, Autoclave, Single Pipette, Oven Dryer, Vacuum Rotary, Heating Mantle 500ml, Chest Drainage. It is now ready for our students to take full advantage of.

Other equipment has been ordered for the Anatomy and Simulation Lab and we are awaiting delivery from abroad in the upcoming weeks. These are part of UP's investment in high quality learning and teaching to ensure our students get the best experience in learning, skills and careers to get the best jobs and create and empower 21st Century Leaders.



### WHAT'S UP ON CAMPUS

- 21 JAN - START OF ASSOCIATE DEGREES CLASS FOR NEW INTAKE
- 25 JAN - END OF REGISTRATION FOR BACHELOR OF SCIENCE IN NURSING BRIDGING PROGRAM
- 16 FEB - END OF SEMESTER 1 FOR PHARMACY Y5, Y4, Y3, Y2 MD Y7, Y6, Y5, Y4, Y3, Y2 ADL Y3, Y2 DENTISTRY Y7, Y6, Y5, Y3
- 17 FEB - END OF SEMESTER 1 FOR ADN Y3, Y2 BSN Y3 GROUP 1, GROUP 2 BSN Y2, ADN Y3 ADM Y3, Y2
- 19 FEB - MEAK BOCHEA DAY



# WHITE COAT CEREMONY FOR MEDICAL STUDENTS AND LABORATORY SCIENCE STUDENTS

On 8th January 2018, the Faculty of Medicine and Department of Laboratory Science held the White Coat Ceremony for 84 Students introduced by Professor Ian Findlay the president of University of Puthisastra; Dr. An Srim, Acting Dean of Faculty of Medicine; Dr. Richard Paulus, Head of Health Science Mr. Ouk Soksereivotanak, Director of Laboratory Science. This ceremony helped creates a vision for students to work hard, sharpen their academic performance to become the very best students and graduates they can be to enhance their future career. An important aspect was to encourage students to practice their profession with compassion and dignity placing the health of the patient in their first consideration.

## ● ● ● ● STUDY NEVER ENDS

Life is a never ending learning process. Learning in life should not be limited; it should extend beyond as it is a beautiful enriching experience. Our BSN Bridging program students demonstrate this by upgrading their knowledge at UP from associate to a degree program. They have had to make sacrifices for the 2 years of program in order to climb their professional ladder.

The BSN Bridging program at UP was designed to fulfill the imagination and ambition of all associate degree nurses who desire to upskill, and develop themselves to become high competency nurses. Students are enjoying the new learning methods from knowledgeable lecturers who were carefully selected for their expertise skills. The program schedule is ideal as students can continue their work and study at the same time. This has the added bonus of also allowing students to apply their most recent knowledge to their workplace.



Currently, Batch 1 of BSN Bridging are in the hospital for their clinical practice after having their first semester of theory and clinical skills in class.



Clinical practice using case scenarios helps improve critical thinking and decision making to provide best care to the patients. Students combine their knowledge, technical skills and communication skills with scientific nursing care to help care for patients effectively and safety.

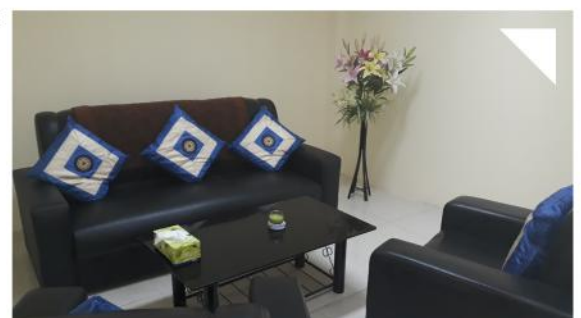
If you have the ambition to upgrade your knowledge and develop personal capacity like this group of students, your opportunity is coming now. The 2nd Batch of BSN Bridging is open for register ! Please visit and contact UP information or check our page to get the detail.

## NEW COUNSELLING ROOM- SAFE SPACE TO 'BE'

Do you need a safe CONFIDENTIAL space to share and help with your problems? The Center for Health Counselling are pleased to announce that UP now provides professional health counselling sessions free of charge.

By caring for the mental well-being of our 'UP family', we can improve lives and enhance learning. The counsellors are professionally trained and are either qualified or second year students who have reached an approved standard.

You are able to request time with a counsellor by booking an appointment through email: tseyha1@puthisastra.edu.kh or psophearith@puthisastra.edu.kh or by visiting the Counselling Office located at Building E.



## EXCELLENT OSCE RESULTS: 87% OF BATCH 3, PHARMACY STUDENTS PASSED

The Objective Structured Clinical Examination (OSCE) is an assessment method based on a student's performance to measure their clinical competence. With the use of Standardized

Patients (SP), students are introduced to different clinical scenarios through a series of stations: (1) Patient Consultation and Communication, (2) Review of prescribed medicines, (3) Patient Consultation, (4) Identification and Resolution of drug-related problem, and (5) Search and Provision of Drug Information. We were proud to say that 87% of our students successfully passed this exam.



## PHARMACY START UP SECRETS THEY DON'T TEACH YOU AT A PHARMACY SCHOOL

Ms. Taing Mey, a healthcare category manager at Guardian Cambodia, shared the keys to operate a successful and standard community pharmacy with students and staffs during Pharma Career Club on January 8, 2019.

She illustrated the basic needs of a standard pharmacy from organizational structure to functional and competent business.

The participants understood that having a pharmacy license, assets and capital is not enough to establish a standard pharmacy; but clinical, leadership and business concepts are other necessities. This speech was so neat and inspiring for all the participants!

This is another initiative of UP to prepare students for their career after graduation and to get the best possible jobs.



## YEAR 3 DENTAL STUDENTS GETTING EXPOSURE TO CLINICAL DENTISTRY EARLIER THAN PREVIOUS YEARS



For the first time, year 3 UP dental students are rostered onto the clinic from Semester 1. Their role in the clinic is defined as dental assisting (for senior students) and providing oral health education to patients. The students are presently studying cross infection control, dental assisting and preventive dentistry – so they are immediately able to apply what they have learned in the clinic.

Senior students are mentoring the juniors, and the experience is proving to be a very positive one – for both seniors and juniors! The senior students appreciate the help they are getting from the juniors, who appear to be particularly good at cleaning the units and giving oral health education. When the students start treating their own patients in year 4, they will have much more clinical experience and be much better prepared than in the past and will have an easy transition to employment. UP starts clinical exposure in Year 3, unlike some other schools students do not get involved in the clinic until year 6 – which is really far too late.

## UP STUDENTS GET TEACHING IN ORAL PATHOLOGY BY VISITING SPECIALISTS FROM UNIVERSITY OF MALAYA

Dr Anand Ramanathan, Senior Lecturer in Oral Pathology from University of Malaya came to visit Cambodia for 3 days over Christmas to teach year 6 dental students Oral Pathology. This is his third visit to UP, and this time he focused on Case-Based Learning, presenting a variety of oral pathology cases that students had to work through themselves in small groups, using textbooks and on-line resources to help them. The students found it a very useful way to learn, and now have more confidence to investigate such cases should they present at their dental practices in the future.

In mid-February a second Oral Pathologist, Associate Professor Thomas George, also from the University of Malaya, will visit UP to complete the Case Based Learning course. We are very fortunate that these specialists are coming to teach at UP, since Cambodia at present has no Oral Pathologists of its own.



This is another initiative of UP to get top quality experts from abroad to teach our students modern skills.